

1 2 3 GROUP 7A

- 107 ○○○ Insomnia
- 108 ○○○ Nervousness
- 109 ○○○ Can't gain weight
- 110 ○○○ Intolerance to heat
- 111 ○○○ Highly emotional
- 112 ○○○ Flush easily
- 113 ○○○ Night sweats
- 114 ○○○ Thin, moist skin
- 115 ○○○ Inward trembling
- 116 ○○○ Heart palpitates
- 117 ○○○ Increased appetite without weight gain
- 118 ○○○ Pulse fast at rest
- 119 ○○○ Eyelids and face twitch
- 120 ○○○ Irritable and restless
- 121 ○○○ Can't work under pressure

GROUP 7B

- 122 ○○○ Increase in weight
- 123 ○○○ Decrease in appetite
- 124 ○○○ Fatigue easily
- 125 ○○○ Ringing in ears
- 126 ○○○ Sleepy during day
- 127 ○○○ Sensitive to cold
- 128 ○○○ Dry or scaly skin
- 129 ○○○ Constipation
- 130 ○○○ Mental sluggishness
- 131 ○○○ Hair coarse, falls out
- 132 ○○○ Headaches upon arising, wear off during day
- 133 ○○○ Slow pulse, below 65
- 134 ○○○ Frequency of urination
- 135 ○○○ Impaired hearing
- 136 ○○○ Reduced initiative

GROUP 7C

- 137 ○○○ Failing memory
- 138 ○○○ Low blood pressure
- 139 ○○○ Increased sex drive
- 140 ○○○ Headaches, "splitting or rending" type
- 141 ○○○ Decreased sugar tolerance

GROUP 7D

- 142 ○○○ Abnormal thirst
- 143 ○○○ Bloating of abdomen
- 144 ○○○ Weight gain around hips or waist
- 145 ○○○ Sex drive reduced or lacking
- 146 ○○○ Tendency to ulcers, colitis
- 147 ○○○ Increased sugar tolerance
- 148 ○○○ Women: menstrual disorders
- 149 ○○○ Young girls: lack of menstrual function

GROUP 7E

- 150 ○○○ Dizziness
- 151 ○○○ Headaches
- 152 ○○○ Hot flashes
- 153 ○○○ Increased blood pressure
- 154 ○○○ Hair growth on face or body (female)
- 155 ○○○ Sugar in urine (not diabetes)
- 156 ○○○ Masculine tendencies (female)

GROUP 7F

- 157 ○○○ Weakness, dizziness
- 158 ○○○ Chronic fatigue
- 159 ○○○ Low blood pressure
- 160 ○○○ Nails weak, ridged
- 161 ○○○ Tendency to hives
- 162 ○○○ Arthritic tendencies
- 163 ○○○ Perspiration increase
- 164 ○○○ Bowel disorders
- 165 ○○○ Poor circulation
- 166 ○○○ Swollen ankles
- 167 ○○○ Crave salt
- 168 ○○○ Brown spots or bronzing of skin
- 169 ○○○ Allergies - tendency to asthma

1 2 3

- 170 ○○○ Weakness after colds, influenza
- 171 ○○○ Exhaustion - muscular and nervous
- 172 ○○○ Respiratory disorders

GROUP 8

- 173 ○○○ Apprehension
- 174 ○○○ Irritability
- 175 ○○○ Morbid fears
- 176 ○○○ Never seems to get well
- 177 ○○○ Forgetfulness
- 178 ○○○ Indigestion
- 179 ○○○ Poor appetite
- 180 ○○○ Craving for sweets
- 181 ○○○ Muscular soreness
- 182 ○○○ Depression; feelings of dread
- 183 ○○○ Noise sensitivity
- 184 ○○○ Acoustic hallucinations
- 185 ○○○ Tendency to cry without reason
- 186 ○○○ Hair is coarse and/or thinning
- 187 ○○○ Weakness
- 188 ○○○ Fatigue
- 189 ○○○ Skin sensitive to touch
- 190 ○○○ Tendency toward hives
- 191 ○○○ Nervousness
- 192 ○○○ Headache
- 193 ○○○ Insomnia
- 194 ○○○ Anxiety
- 195 ○○○ Anorexia
- 196 ○○○ Inability to concentrate; confusion
- 197 ○○○ Frequent stuffy nose; sinus infections
- 198 ○○○ Allergy to some foods
- 199 ○○○ Loose joints

FEMALE ONLY

- 200 ○○○ Very easily fatigued
- 201 ○○○ Premenstrual tension
- 202 ○○○ Painful menses
- 203 ○○○ Depressed feelings before menstruation
- 204 ○○○ Menstruation excessive and prolonged
- 205 ○○○ Painful breasts
- 206 ○○○ Menstruate too frequently
- 207 ○○○ Vaginal discharge
- 208 ○○○ Hysterectomy / ovaries removed
- 209 ○○○ Menopausal hot flashes
- 210 ○○○ Menses scanty or missed
- 211 ○○○ Acne, worse at menses
- 212 ○○○ Depression of long standing

MALE ONLY

- 213 ○○○ Prostate trouble
- 214 ○○○ Urination difficult or dribbling
- 215 ○○○ Night urination frequent
- 216 ○○○ Depression
- 217 ○○○ Pain on inside of legs or heels
- 218 ○○○ Feeling of incomplete bowel evacuation
- 219 ○○○ Lack of energy
- 220 ○○○ Migrating aches and pains
- 221 ○○○ Tire too easily
- 222 ○○○ Avoids activity
- 223 ○○○ Leg nervousness at night
- 224 ○○○ Diminished sex drive

List the five main complaints you have in the order of their importance:

1.	
2.	
3.	
4.	
5.	